

Spring at Sage Menu 2014-2015

On and Off Campus Seminars Lead chaperone indicated in parentheses

Active OC (Aguirre)

Ever wonder what there is to do outdoors in Orange County? In this seminar you will get outside every day and experience all the OC has to offer. We will be hiking, biking, paddle boarding, beach cruising, surfing, and incorporating a variety of other outdoor activities. Get in shape, have fun, make friends, and get outside!

Max 25 students: Estimated Cost: \$200 includes activities and transportation

Digital Music Production (T. Smith) *special approval required

In Digital Music Production, students will gain learn how to operate and create musical compositions using a Digital Audio Workstation (DAW). Students will explore aspects such as Musical Instrument Digital Interface (MIDI), Tone Synthesis, sampling, and basic composition skills. These skills will be demonstrated in a group composition workshop as well as project labs that ask individual students to make elements of Electronic Dance Music (EDM), hip-hop, and pop productions. Music experience is necessary and special approval is required; please contact Mr. Thomas Smith.

Max 12 students: Estimated Cost \$90 includes supplies

Eat, Pray, Celebrate! (Angotti)

This seminar is an opportunity to expand your knowledge of different religions, expand your food palate, and broaden your awareness of the rich cultural experiences that abound in this and nearby communities. Southern California's diverse population lends itself to many ethnic and religious enclaves that offer unique cultural experiences, beautiful wares, and amazing cuisine. Our daily excursions will take us to a Buddhist temple, a mosque, and to Little India. We will dine on a traditional Lebanese breakfast, dim sum, and Indian food. Depending on scheduling, other possible locations include: Little Saigon, Little Seoul, the Latin American Art Museum, the original Mexican settlement of Pueblo de Los Angeles, a Catholic Cathedral, Little Tokyo, and all of the dining experiences that go along with these locations.

Max 20 students: Estimated Cost \$230 includes admissions and transportation

Engineering Discovery - Marble Project (May)

The Engineering Discovery Marble Project is a hands-on, creative project for students who like to figure out how things work and who enjoy solving problems and puzzles. Each day, participants will use hardware supplies, everyday household items, and their own ingenuity to construct a large-scale, life-size marble run based on a theme of their choice. Let your imagination run wild and put your problem solving skills to the test as you design and build a huge track that includes jumps, turns, drops, and lifts, all before the final showcase. Come discover the properties of engineering through this entirely experiential seminar!

Max 20 students: Estimated cost: \$40 Includes supplies

Exploring the Paranormal (Poffenberger)

Have you ever had the feeling you are being watched but no one is there? Have you heard strange noises or seen shadows in the dark that you can't explain? Mr. Poffenberger will leverage his extensive research and experience with the paranormal and explore what "hunting ghosts" is really like and introduce you to the terminology and methods that world-class ghost hunters use in their quests to debunk or capture the unexplained. We will conduct an investigation on board the historic ship, *Queen Mary*.

Max 30 students: Estimated Cost: \$110 Includes admission and transportation

Film Noir: Cinema and Society in “Dark Film” (Novotny)

Dark and brooding; reflective and socially critical; immoral and sexist; honest and enduring; cynical; discretely hopeful--**FILM NOIR!** This film genre is often associated with the classic hardboiled crime dramas of the 40s and 50s, yet it is as hard to define as any art movement of the 20th Century. We will dive into some of the well-known and lesser-known films of this genre, while we immerse ourselves into the experiential and intellectual milieu of all the connected elements of this incredible movement. Powerful levels of understanding will be accomplished by: dressing in period attire, attending a music and or dance show from the era, reading and debating influential philosophies and other media, meeting with film makers and writers of the genre, interviewing people from that era, popping into Hollywood sets that created the backdrop for such films, and other activities that will take the participant through the darkened alleys of FILM NOIR to shed some *light* on the matter!

Max 30 students: Estimated Cost \$180 includes supplies and transportation

Guitar Heroes: The Greatest Rock Guitar Players of the 20th Century (Izurieta)

This seminar is an in depth look into the great guitar players who help shape and form rock into what it is today. Influenced by the Rhythm and Blues players and helped by technology (Gibson and Fender), we will take a look at the great guitar pioneers like Robert Johnson, Bo Diddly, Chuck Berry, and Buddy Holly. The British Invasion saw the likes of Eric Clapton, Jimmy Page, Pete Townsend, and Jeff Beck, while the hippie movement and the 70's with axe-slingers saw Jimmy Hendrix, Carlos Santana, Ritchie Blackmore, Michael Shenker, and David Gilmore. The 80's, which can be seen as a Golden Age of the electric guitar, gave birth to many six-string 'gods' of the decade: Eddie Van Halen, Yngwie J. Malmsteen, George Lynch, and instrumentalists like Steve Vai, Joe Satriani, and Al Di Meola. We will explore everything about these guitar heroes and be visiting the Fender factory.

Max 10 students: Estimated Cost \$100 includes supplies and transportation

Hooray for Hollywood (Sefami)

Film is the vernacular of modern culture. You have probably heard the references: "Here's looking at you kid", "Rosebud", Hang on, it's going to be a bumpy night", "I'm ready for my close up, Mr. DeMille". But how many of you have actually seen the films? The aim of this seminar is to address this gap. We will have the opportunity to see a group of films, which have had a lasting effect on popular culture. We will explore great directors and different genres such as epics, thrillers, musicals and comedy. Our on-campus screenings will be full of interesting movie trivia and insights into the camera and narrative techniques used by these iconic filmmakers while the Goobers, Raisinettes and popcorn will be flowing. We will take our show on the road with a day-trip to the Warner Bros. Studio to explore the behind-the-scenes work that makes films come alive. Seasoned film buffs and novices alike are all welcome to take this journey of discovery into the celluloid world of tinsel town. Cut and Print!

Max 20 students: Estimated Cost: \$110 includes admission and transportation

How to Build a Computer (Lemon)

Have you ever wondered what is actually inside a computer? We will build our own computer from beginning to end and you will gain a better understanding of the inner workings of a computer. You will learn about the motherboard, CPU, RAM, hard drive, and much more. The seminar will work on building a single computer, but students will have the option to bring in their own components to build during the seminar. Students who take advantage of that option will be provided with a parts list that they may purchase on their own.

Max 12 students: Estimated Cost: \$30

How to Do Stuff: 101 (Zarubin)

Just how independent are you? Can you change a tire? Jump-start a car? Cook a meal? Build a budget? Use a saw? Sew a button? Remember names? Fix a faucet? Come enjoy learning how to accomplish some common yet basic tasks that should help put you on the road to becoming more self-reliant -- now, in college and beyond.

Max 20 students: Estimated Cost: \$125 includes supplies

Kiln Casting with Glass (McMahon)

This seminar is an introduction to kiln casting glass with hand-built refractory molds. Projects will include relief casting made with different forms of glass (frit, powder, and billet) to illustrate the unique qualities of each form. You will learn fundamental cold working skills as well as firing procedures and investment mold recipes. Prior experience in glass or casting is not required.

Max 6 students: Estimated Cost \$165 includes supplies

Let's Learn a Language (Irwin)

Did you know that Portuguese is spoken by over 250 million people worldwide, and has official status on four continents? Speaking even a little Portuguese will open doors to friendship and adventure, and this seminar will give you the tools you need to learn to communicate effectively in a new language. Using the Michel Thomas method, and the lexemic frequency lists, we will explore a new way to acquire the basics of a new language. Although we will use Portuguese as our target language, the skills you learn in this seminar may be applied to any language! No previous Portuguese knowledge is required! In fact, your seminar leaders will be learning the language with you. How much can you learn this year? In a stress-free, fun environment, the sky is the limit! Vamos descobrir juntos!

Max 10 students: No cost

Martial Arts of Renaissance and Medieval Europe (Vivo)

We will explore the fighting arts of Europe in the Middle Ages and Renaissance through examination of historical documents and their portrayal on stage and in the movies. We will contrast popular media and the reality of European martial traditions. Students will also get experience in both stage combat and the historic techniques to get a better feel for how they differ and how they are similar.

Max 15 students: Estimated Cost: \$30

Music, Pop, and Politics: Youth Culture and American History (Hayden)

Come watch, listen, and sing your way through a century of American music created by and for a diverse array of young Americans. While music is fun, it also forms communities, leads to political engagement, spawns alternative visions of society, and aggravates and bewilders adults. This seminar will start with the jazz and blues of the Mississippi Delta, traces its paths to northern cities into the swing and big band era, through the labor and folk music scene, to the emergence of R&B and Rock and Roll, the LA punk scene, hip hop, and more. Documentaries, music videos, photographs, lyric analysis, and student participation form the heart of this seminar. Any student-musicians who would like to collaborate on content or doing demos are welcome to contact me about participating.

Max 20 students: No Cost

On-the-Job Journalism (Krislock)

Story-telling articles, snapshots of on-campus activities, action on the playing field, and online immediacy are at the heart of this seminar. These will be opportunities as students discover their "voice" in writing, editing, photography, and layout as part of Sage Hill's first-ever modern communication "on-the-job" journalism seminar. As working journalists, the seminar participants will publish the first Spring at Sage total coverage publication in both print and electronic forms to be released at the end of the Spring at Sage assembly.

Max 25 students: Estimated Cost: \$60 includes supplies

A People's Guide to Los Angeles (Kunte)

As the people's poet laureate of California, Tupac Shakur, said of Los Angeles – "it's the place to be." Los Angeles is a quintessentially American city, one of the greatest in the world, and it's right at our doorstep. But how much do you really know about the real Los Angeles? We're going to go beyond Hollywood to the L.A. the tourists do not know about. Sure, you've been to a Dodger's game, but do you know the history of the Chicano communities that were displaced from Chavez Ravine? You might have had some of the best Thai food outside of Thailand in L.A., but did you know the city is home to the largest Thai Buddhist temple in the entire U.S.? Did you know that L.A. has a river? And that today environmentalists and residents are working hard to reclaim this urban ecosystem? Join this seminar to watch films about the Los Angeles you never knew existed, eat food you could not imagine you would find in the United States, and learn about how the diverse people of this vibrant city to our north live in a spaces steeped in history and social struggle.

Max 14 students: Estimated Cost \$170 includes admissions and transportation

Poetic Surfing (Parker)

Back by popular demand for the fifth year! Enjoy one of the last "secret spots" in Southern California as you spend three days and two nights camping, writing, practicing yoga, and surfing (or learning to surf!) on the bluffs at Trails (San Onofre State Park, south of San Clemente). We depart the first day after arriving on campus at 9 am. Beginners are welcome, and our first surfing lesson will be the first day. Students should provide sleeping bags and small camping supplies. Food, tents, boards, wetsuits, the campsite, surf instruction, transportation, and all other expenses are covered. Students will be transported to and from Trails by bus.

Max 30 students: Estimated cost: \$275 includes food and supplies

Take a Hike (Dear)

Come explore Southern California and see some of best local (and sometimes hidden) spots that are only accessible on foot. We will hike a different locale in Orange County or Los Angeles every day. No experience necessary, just a great attitude and comfortable shoes. Our treks will take us to the Hollywood Sign, the "Grand Canyon of Orange County," a waterfall (yes, a waterfall!), the hills and ocean cliffs over Palos Verdes, and up to Griffith Observatory. This is a great opportunity to get outside and be active every day while enjoying the amazing place where we're all lucky enough to live.

Max 12 students: Estimated Cost: \$110 includes transportation

Wall Street 101 (Anderson)

Learn the basics of stock and bond trading. Understand the difference between investing versus trading. Trade live with the market with a paper trading account using trading software from Think or Swim. Students start with \$100,000 dollars in their trading account and see what they can do with that amount in a week. This seminar will meet during actual Wall Street trading hours, which are 6:00am to 1:00pm.

Max 30 students: Estimated Cost: \$60 Includes supplies

Domestic Travel (all grades)

Lead chaperone indicated in parentheses

Moloka'i – Experience True Hawai'i (Fieberg, Langdale)

Moloka'i is a unique field experience that involves a study of Hawaiian culture, history, ecology, and sustainable agriculture. Moloka'i is the Hawai'i most people have not experienced; an island with a troubled history, varying ecosystems, and amazing wildlife. On the East side of the island students will swim beneath the Moa'ula Falls, engage in service at a local ancient Lo'i (taro) field, and visit an aquaculture farm. On the West side of the island students will snorkel and paddle at the local beaches, hike to Kaulapapa, a former leper colony, and help restore an ancient fishpond. Other activities may include exploration of local cuisine, and storytelling with locals. This trip promises to immerse students in the true Hawai'i and provide an adventure of a lifetime.

Max 20 students: cost \$3250

Rebuilding New Orleans (DiOrio, Ray, Warkenton)

New Orleans was founded in 1718 on land inhabited by the native Chitimacha tribe. Until Napoleon sold it to the United States with the rest of the Louisiana Purchase in 1803, it remained an outpost of the French and Spanish empires. Rapid influxes of non-southerners compounded the peculiarity of its Creole past, and more foreign immigrants than Americans came to take up residency in the city almost until the beginning of the 20th century. As a result, New Orleans now has a powerful sense of identity, with its Creole cuisine, jazz, and southern traditions. Join us as we explore the history of this area via private, educational, interactive guided tours, eating local cuisine, and volunteering our time either restoring wetlands or building homes to help rebuild New Orleans.

Max 20 students: cost \$3050

New York - Start Spreading the News (Okamura, Dino)

See New York from a unique perspective. Visit the cultural and business capital of our country where the American dream was founded. You will walk the bustling streets of Manhattan, Chelsea Market, China Town, Little Italy, Rockefeller Center, SOHO, Orchard, Wall Street, and much more. This fast paced trip to the Big Apple is designed to provide a wide range of experiences for all students. Enjoy a Broadway show at night and participate in a theater combat class. Enjoy art collections from different cultures and time periods at both the Metropolitan Museum of Art and the Cloisters. Study the immigrant experience at the Tenement Museum and visit one of the oldest candy stores in our country. You will return home enriched by the history, art, and culture of this great city.

Max 20 students: Cost \$2860

International Travel (Grades 10-12 only)

Lead chaperone indicated in parentheses

Discover the Intense Beauty of Vietnam (Fu, Schmacher)

Vietnam's terrain is incredibly diverse: white sand beaches roll into vast fertile rice patties that climb into sky scraping mountains. Its turbulent history is unsurpassed. A century of French occupation and nearly a decade of American invasion have left scattered remnants of war from south to north. Best of all is the stony resilience and indifferent determination that the Vietnamese people portray in their everyday lives. This 10-day experience immerses students in the history and culture of Vietnam as our travel takes us from Hanoi to Ho Chi Minh City, by way of Hue and Hoi An. We will tour the Temple of Literature, observe a performance of the Thang Long Water Puppet Theater, learn the art of Vietnamese calligraphy, swim in Halong Bay, visit eight imperial tombs as we boat down the Perfume River, explore local flea markets, and taste a variety of local foods. The incredible people, culture, and history will make this experience unique and rewarding.

Max 20 students: cost \$3740 does NOT include additional visa fee to be collected spring semester approx. \$130

France – Americans in Paris and Provence! (Richardson, McCandless)

Bonjour! Join us for an inspiring global experience as we take part in an artistic, historical and cultural immersion in France. From the bustling metropolis of Paris, where we will visit some of the most famous landmarks in the world to the quaint and ancient villages of the Provence region where we will wander the cobblestone streets and take in architecture over 2,000 years old, you will experience all that France has to offer. Taking a journey that goes beyond the tourist traps, you will also immerse yourself in French culture, including taking a French cooking class and spending a day at a French high school, the Lycee Joffre in Montpellier. Whether you are wandering the streets of the Place Du Tertre (Paris' old artists' quarters) or enjoying the cliff top views of the Cote d'Azur in Nice, this will certainly be a trip that will enhance your understanding of French culture.

Max 20 students: cost \$4940

Journey Through Peru (Oliva, Jorden)

Discover the captivating cultures and breathtaking beauty of Peru during this 10-day excursion. Beginning in Peru's largest city, Lima, we'll take in the fascinating sites of this "City of the Kings," including the Plaza de Armas, the Presidential Palace, the world-renowned Larco Museum, and an orphanage, where we'll meet the local children. Next, we'll fly to Cuzco, the historic capital of the Inca Empire, where we'll explore ancient Incan ruins and even take part in an Incan "Pago a la tierra" ceremony. After travelling along the Inca Trail in the Urubamba Valley, we'll journey to an indigenous farming community and experience their unique way of life. Finally, we'll venture through the Sacred Valley to the lost Inca city of Machu Picchu, unknown to the outside world until 1911. This unforgettable trip will combine tourism, learning, and service in an extraordinary and dazzling land.

Max 20 students: cost \$3800

Peace, Love, and Maple Syrup in French Canada (F. Smith, Cid)

Do you love waterfalls, castles, spooky ghost tours, cities perched on cliffs, Gothic architecture, historical sites more than 400 years old, hockey, great colleges, fascinating museums, the French language, AND maple syrup? Join us for an amazing adventure through the cultural, historic, and culinary heartland of Canada: Quebec! From Montreal to Quebec City, we'll travel through the primarily French-speaking area of Canada (don't worry, our tours are in English), and you'll see all of the above in five, unforgettable days. As we enjoy a Sugar Shack dinner on the last night blending live music, a sumptuous meal, and the experience of fresh maple syrup drizzled over a cold, snowy, taffy-like treat, you'll understand the meaning of the official motto of Quebec, "Je me souviens."

Max 20 students: Cost \$2470

Pura Vida in Costa Rica (Dunham, Haney)

Explore the tropical forests and volcanic landscape of Costa Rica and experience a cultural exchange with its people. Despite its small size, Costa Rica has incredible biodiversity in many different ecosystems for us to explore – be prepared for lots of walking! On this trip, we will walk through the cloud forest and butterfly garden at Monteverde, visit the largest remaining stretch of tropical dry forest, the endangered sea turtles at Guanacaste, and visit hot springs and watch the lava fountains at Arenal volcano. We will also participate in several cultural exchanges, visiting with school children in Guanacaste, painting and dancing El Torito with local artisans, and visiting a coffee plantation and the Gold Museum at the cultural heart of the capital city, San José.

Max 20 students: cost \$2530

War and Remembrance: A Historical Tour of Europe during WWII (Pitassi, Paulsen, Merz)

Spend 10 days retracing the steps of servicemen throughout Europe during World War II. We will start in London, explore the city and spend time at the Imperial War Museum. We will also visit the war rooms where Winston Churchill planned the war. From London we will travel by overnight ferry to Normandy to experience the American Military Cemetery and the Landing Museum. After we explore the beaches of Normandy, we will travel to Paris to visit the Deportation Museum as well as other historical WWII sights. We end our trip in Brussels and visit the site where the Nazi bulge in the Battle of the Bulge was stopped by the 101st Airborne Division. Please note: We are going to be spending the majority of our time in museums. Please be prepared to walk a lot.

Max 20 students: cost \$4850